

You are insured for the period from January 1 to June 30, 2024

MÉDIC

AVANTAGES SOCIAUX

CONSTRUCTION

If you currently have the medication coverage insurance offered by the Régie de l'assurance maladie du Québec (RAMQ), you must cancel it.

Hour reserve

The hours remaining in your reserve after your insurance plan for the period from July to December 2023 has been determined were worth \$2.87/hour. The insurance coverage offered for the period from January to June 2024 is based on hours worth \$2.99/hour. Your hours in reserve must therefore be adjusted to reflect their true value.

For example, if you had 1,000 hours in reserve, the calculation is as follows: 1,000 h × \$2.87/\$2.99 = 959.87 h

The total value of 1,000 h \times \$2.87 = \$2,870. This is equivalent to

959.87 h × \$2.99 = \$2,870.

Watch the video capsule explaining how the adjustment of the hour reserve works (adjustments for July 2022 and January 2023) under the "Insured by the hours" tab on the "**Basic insurance**" page on the CCQ's website.

Exceptional medications and patient exception

Your physician may prescribe you a medication that requires an authorization from MÉDIC Construction in order to be reimbursed. In this situation, this medication may be reimbursable by your insurance plan in compliance with the exceptional medication measure or the patient exception measure.

Your physician will have to fill out a **form** corresponding to the medication prescribed and the medical diagnosis so that MÉDIC Construction can analyze your file.

Would you like to know more about this subject? Visit the tab "Exceptional Medications and Patient Exception" tab on the "**Health insurance**" page on the CCQ's website.

Medical referral

When you consult a massage therapist, kinesiotherapist, kinotherapist, or orthotherapist, you must present a medical referral in order for the treatment costs to be reimbursed.

Did you know that in addition to a physician, a specialized nurse practitioner (SNP) can also make this referral? Only SNPs are recognized, and not all nurses.

Whoever signs the referral, it is valid for 12 months from the date of the signature by the professional authorized to prescribe.

The conditions for being insured

For every hour you work on a job site, contributions are made to the insurance plans and can be applied to your insurance coverage. However, you must have worked a minimum of 300 hours to be insured by a basic plan. For example, your hours worked from March to August 2023 will be used to determine your insurance plan from January 1 to June 30, 2024.

If you have more hours than required to be insured, the excess is banked in your reserve. If you do not accumulate enough hours in a reference period, the hours in your reserve are used to maintain your insurance under the plan (A, B, C or D) you had in the previous period (hours in your reserve are not used to improve your insurance coverage). If you are not insured, you will lose both the hours accumulated during the reference period and the hours in your reserve, under certain conditions. In no case does the CCQ reimburse contributions related to the insurance plans.

If data in boldface type are shown in the tables on the following pages, they indicate improvements made to the corresponding coverage.

For certain trades or occupations, the employers pay a supplementary contribution set out in the collective agreements that allows these workers to obtain additional coverage. However, to obtain this additional coverage, you must be insured by a basic plan (A, B, C, or D) and have the required amount of supplementary contributions depending on the basic plan.

MÉDIC Construction also offers insurance plans to the industry's retirees. To be eligible, you must be insured by basic or supplementary plan A, B, C, or D and have accumulated at least 21,000 hours in the pension plan before retiring.

When you join the retirees insurance plan, your hours worked and hours in your reserve will reduce the premium you have to pay.

Declaration of your dependents

To obtain reimbursement for eligible medical costs incurred by your spouse and children, you must fill out the form "Declaration or updating of dependents" and provide the required documents. You may also make your declaration by filling out your file in MÉDIC online at **sel.ccq.org**.

A child aged 18 years and over but under 26 years, who is studying full time and attending an educational institution recognized by the ministères de l'Éducation et de l'Enseignement supérieur, may be recognized as your dependent. When your child is recognized, he or she has the right to obtain reimbursement for his or her medical care. Note that only children aged under 21 years have the right to obtain reimbursement for their dental care. For dependent children aged 22 to under 26 years, you must fill out and sign the form "Declaration of school attendance" and provide confirmation of school attendance from the educational institution **after the courses begin**, for each of the fall and winter semesters. Usually, the declaration provided for the winter semester allows the dependent child to be recognized from January 1 to August 31; the one provided for the fall semester allows the child to be recognized from September 1 to January 31 of the following year.

Note: For children aged 18 to 21, the declaration of school attendance does not have to be provided, but it may be requested by MÉDIC Construction for the purpose of verifying the child's student status.

MÉDIC Construction requires that all of its insureds declare their spouse's

insurance coverage. You must use the form "Declaration spouse's insurance coverage" to provide the required information to the CCQ. If your spouse does not have insurance coverage, it is very important to let MÉDIC Construction know so that his or her expenses can be reimbursed.

You may also make your declaration by filling out your file in MÉDIC online at **sel.ccq.org**.

As long as your file is not complete, recognition of your spouse or dependent children is delayed and reimbursements of expenses incurred on their behalf will be put on hold or rejected.

IMPORTANT

You must inform MÉDIC Construction when the status of any of your dependents changes, such as when your child aged 18 or over ceases studying full time or when you and your spouse stop living together.

If you fail to update your file, you will have to repay any amounts paid by the insurance plan for expenses incurred for a person who is no longer your dependent.

You can modify the information in your file through MEDIC online at sel.ccq.org, by phone or by mail.

Declaration of your designated beneficiaries

Your dependents are not automatically your designated life insurance beneficiaries – in other words, the people who receive your life insurance benefits when you die.

Similarly, when you remove dependents from your insurance file for claims, they are not automatically removed from the list of your designated beneficiaries for insurance.

To inform the CCQ when you want to change your beneficiaries (adding or removing), you must fill out and sign the form "Beneficiary Designation and Revocation (Life Insurance Only)" and send it to the address given on the form. It is not possible to add or remove a beneficiary by telephone. The form is available at **ccq.org**.

ADDITIONNALS INFORMATIONS

You may consult your MÉDIC Construction file through the online services at the CCQ's Web site at **sel.ccq.org**.

To find out more about the insurance plans and the insurability conditions

Consult the MÉDIC Construction section of the website **ccq.org**.

Contact Customer Services by calling 1 888 842-8282.

It will be their pleasure to answer you and forward you the appropriate documentation.

This document is available in adapted media upon request.

An insurance claim must be made within one year after the event concerned; if made after this time, the claim will be rejected. The present document has been produced and is distributed solely for information purposes. Only the *Reglement sur les régimes complémentaires d'avantages sociaux dans l'industrie de la construction* [chap. R-20, r. 10] published by the Éditeur officiel du Québec has official and legal force. Therefore, it takes precedence over the information contained in the present document. The regulation can be accessed on the CCQ's website, under the MÉDIC Construction tab.



NSURANCE COVERAGE – BASIC PLAN		Fro	m January 1 to .	lune 30, 2024
ife and accidental mutilation insurance	Α	В	С	D
tarting in the insurance period following the worker's 70 th birthday, the amounts for accidental death and scidental mutilation no longer apply.				
eath benefit	- 65 yrs + 65 yrs	- 65 yrs + 65 yrs	- 65 yrs + 65 yrs	- 05 yrs + 05 y
of worker with dependents of worker without dependent	\$25,000 \$12,500 \$16,000 \$12,500	\$20,000 \$10,000 \$10,000 \$10,000		\$10,000 \$5,00 \$5,000 \$5,00
of spouse	\$7,500 \$7,500	\$7,500 \$7,500	\$5,000 \$5,000	\$5,000 \$5,00
of dependent child dditional amount for worker's accidental death	\$7,500 \$7,500 \$10,000 \$10,000		\$5,000 \$5,000 \$10,000 \$10,000	\$5,000 \$5,00 \$5,000 \$5,00
aximum benefit for worker's complete and definitive accidental mutilation	\$10,000 \$10,000		\$10,000 \$10,000	\$5,000 \$5,00
Pepending on the loss suffered, the amount payable varies between \$0 and the maximum given). S5 yrs: begins in the insurance period following the worker's 65th birthday.				
ealth insurance (worker and dependents)				
Hospitalization (room for acute care)* maximum payable *Hospital containing emergency and surgery services. maximum payable	\$75/day	\$75/day	\$75/day	\$75/day
Authorized medication (mandatory generic substitution/biosimilar) ⁽¹⁾				
deductible per insurance period reimbursement	none 85%	\$20/family 75%	\$30/family 70%	\$40/family 70%
up to 100% reimbursement upon reaching the annual maximum of	\$850/family	\$850/family	\$850/family	\$850/family
Eye care Attention: The reimbursement depends on the insurance plan that you were covered by when				
you paid the total amount of your purchase – that is, when the balance of your invoice is \$0.00. Examination				
worker maximum reimbursement per 24 months	\$70	\$70	\$70	\$70
spousemaximum reimbursement per 24 monthsdependent childmaximum reimbursement per 12 months	\$70 \$70	\$70 \$70	\$70 \$0	\$0 \$0
Corrective glasses and lenses (including intraocular lenses)	\$70	\$70	ψυ	ψυ
worker maximum reimbursement per 24 months spouse maximum reimbursement per 24 months	\$300 \$300	\$200 \$200	\$100 \$100	\$0 \$0
dependent child maximum reimbursement per 24 months	\$300	\$200	\$100	\$0 \$0
Safety glasses (with prescription) worker only maximum reimbursement per12 months	\$250	\$250	\$250	\$250
Fee for surgical vision correction				• • •
worker and spouse reimbursement lifetime maximum reimbursement per person	60% \$2,000	60% \$1,500	60% \$1,000	0% \$0
Paramedical services ⁽²⁾ (*Plan C: worker only)	÷2,000	φ1,000	÷ 1,000	ΨŪ
Limit: one visit per day per professional maximum reimbursement chiropractor per visit	\$35	\$27	\$24*	\$0
x-rays-chiropractor per period per person	\$45	\$35	\$28*	\$0
physiotherapist per visit acupuncturist per visit	\$50 \$45	\$40 \$35	\$30* \$27*	\$0 \$0
audiologist per visit	\$55	\$45	\$40*	\$0
psychologist, speech therapist per visit podiatrist, chiropodist per visit	\$70 \$50	\$55 \$40	\$40* \$40*	\$0 \$0
social worker, psychotherapist per visit	\$65	\$55	\$40*	\$0
alternative medicine maximum 10 visits per period per person for all 6 following professionals: naturopath per visit	\$40	\$30	\$0	\$0
osteopath per visit	\$55	\$45	\$0	\$0
massage therapist, kinesitherapist, kinotherapist, orthotherapist per visit (For each of these 4 professionals, a separate medical referral is required;	\$45	\$35	\$0	\$0
it is valid for 12 months from the date of signature by the physician or the SNP)				
Overall maximum for paramedical services including alternative medicine (per insurance period) worker:	\$1,000	\$700	\$460	\$0
each dependent:	\$1,000	\$700	\$0	\$0
Hearing aidmaximum reimbursement per 36 monthsbatteries for hearing aidmaximum reimbursement per 12 months	\$500 \$50	\$500 \$50	\$500 \$50	\$500 \$50
Laboratory fees, medical imaging reimbursement	90% \$427.50	90% \$427.50	90% \$337.50	90% \$337.50
Only diagnostic tests prescribed by a doctor are reimbursable. maximum reimbursement per person per 12 months Exclusions: Health check-ups and all costs related to consultations in private clinics are not reimbursable.	\$427.50	\$427.50	\$337.30	φ337.00
Some other fees (see on back) Medical Emergency Abroad (see on back)	90%	90%	90%	90%
(some limits and conditions apply)	max. 100%	max. 100%	max. 100%	not covered
Construire en santé Program – includes the following health services: Please contact Construire en santé before making expenditures reimbursable by this program.				
Treatment of drug and alcohol abuse and compulsive gambling				
(reimbursement at 80%) lifetime maximum per person Treatment of major depression and for violent behaviour	\$2,500	\$2,500	\$2,500	\$2,500
(reimbursement at 80%) lifetime maximum per person	\$2,500	\$2,500	\$2,500	\$2,500
Assistance to workers and their families (prior authorization required) Problem solving: spousal, family and psychological problems. Services of a special education				
teacher or occupational therapist for children under 18 (restrictions and conditions apply).				0.4
maximum number of hours of consultation per calendar year Smoking cessation	12/family	12/family	8/family	8/family
Documentation/free and personalized telephone follow-up	yes	yes	yes	yes
Laser Treatment (worker and spouse) reimbursement (authorization required) lifetime maximum reimbursement	50% \$300	50% \$300	50% \$300	50% \$300
Pre- and post-operative or hospitalization interventions				
(worker only – prior authorization required) Personalized telephone follow-up with a nurse	100%	none	none	none
Concerning chronic illnesses and advice on sound living habits	yes	yes	yes	yes
ental care insurance (according to the 2024 dental rate guides of the ACDQ, ODQ, OHDQ)				F
eductible per family per insurance period orker and spouse (maximum per person)	none	\$20	\$45	
Diagnosis, prevention, minor treatments (filling, extraction, etc.) (per insurance period)	90% \$600max.	80% \$600max.	60% \$600max.	N N N N N N N N N N N N N N N N N N N
Periodontics and endodontics Major restoration work (dentures, crowns, etc.) ⁽⁴⁾	(30%) $(30%)$ $(30%)$ $(30%)$ $(30%)$	(30%) $(30%)$ $(30%$	60% \$500max. ⁽³⁾ not covered	NO
ependent child under the age of 21		-		NO REIMBURSEMENT
Diagnosis, prevention, minor treatments (filling, extraction, etc.) (per insurance period) Periodontics and endodontics	90% \$600max. 80%	80% \$600max. 70% \ \$1,150	60% \$600max. 60% \$500max. ⁽³⁾	
Major restoration work (dentures, crowns, etc.) ⁽⁴⁾	70% J max. ⁽³⁾	60% J max. ⁽³⁾	not covered	R
Orthodontic treatment (lifetime maximum per child) ⁽⁴⁾ Unless it is medically required, if you purchase an original medication, the difference between the price of the original medication and that of the lowest-p	60% \$2,000max.	50% \$1,500max.	not covered	vill be entirely at your
Unless it is medically required, if you purchase an original medication, the difference between the price of the original medication and that of the lowest-p expense. If a biological medication is prescribed to you and a corresponding biosimilar medication exists, only the biosimilar version will be covered by MÉD Paramedical services: Care provided by close relatives of the patient is not covered. The therapist must be a member of an association recognized by MÉD	DIC Construction, subject to e		muatrainity maximum and w	nit be entirely at your
Maximum per person per insurance period.	o construction.			
Dental laboratory costs are limited to 50% of the eligible fee of the dentist or denturist. ere is a time limit for the reimbursement of a number of types of dental care. For example, a recall oral exam is reimbursable per 9-month period; some periods and a care that is not accurately and the reimbursable per 9-month period; some periods and a care that is not accurately	riodontal treatments are limi	ted to one per tooth per five-	-year period. The pamphlet "	The Dental Care Program
ovides more complete information, notably on reimbursement periods and on dental care that is not covered. ajor restorations				
e e advise you to request an estimate for the reimbursement. For direct payment, a prior estimate is obligatory. ne purchase and replacement of fixed or removable prostheses (crowns, dentures, facets, bridges, etc.) are reimbursable once in 5 years from the date whe	n they are placed in the mou	h.		
e advise you to request an estimate for the reimbursement. For direct payment, a prior estimate is obligatory.	n they are placed in the mou	h.		

		Α	В	С	D
Salary insurance (worker only)					
short term (weekly benefit)	less than 4,000 hours*	\$380	\$380	\$380	none
f	from 4,000 to less than 6,000 hours*	\$460	\$460	\$460	none
	6,000 hours or more*	\$515	\$515	\$515	none
long term (monthly benefit)	6,000 hours or more**	\$1,625	\$1,375	\$1,275	none
Hours worked accumulated in the pension plan before the disability began. **Hours worked accum		pility.			
Note: Benefits payable and eligibility conditions vary depending on the c	date when the disability began.				
Salary Insurance					
 The salary insurance benefits (compensation) are payable only once t waiting period may be payable, depending on analysis of the file. 	he employee has received all the Emplo	yment Insurance	benefits to which he	or she is entitled. C)nly the one-v
 Short-term salary insurance (weekly benefit) ends, at the latest, on th 	a last Saturday of the month during whi	ch the employee	turne 65 years of age		
 Long-term salary insurance (monthly benefit) terminates at the latest. 			turns of years of age	•	
		e age of oo.			
In cases in which the disability begins at age 58 or 59 years, other of					
No benefits are payable for a period ending 30 days before the date or			falle at the second		
All requests for salary insurance must be transmitted to the CCQ at the			••••		
As a general rule, the construction worker is covered by the Act respendent not entitled to receive salary insurance benefits in the event of a work					
 As a general rule, the construction worker is covered by the En benefits because he has not performed work that is insurable under disability began. Nevertheless, the worker may be entitled to hour cre 	this Act is not entitled to receive the w				
Hour Credits					
 Various situations such as disability, preventive cessation of wor 	rk. maternity or paternity leave, leave	e for parents of	voung victims of c	rime. leave for fan	nilv caregive
children or for adults, or compassionate leave could entitle you to how					
after the date of the event giving the right to it.					
 Hour credits are automatically credited to your file when your salary i cases, you must apply for them. Contact the CCQ or visit the website of 		aing the period w	nen you are eligible f	or Employment Insu	rance. In all c
Compensation Advances					
 You may have the right to benefits when you contest certain decisions 					
Medical Emergency Abroad If you are insured by plan A, B, or C, you and your dependents are covered by the to an individual who is not insured by a public insurance plan in Canada (for exa	Medical Emergency Abroad Program. Plan D mple, the plan of the Régie de l'assurance m	does not offer this aladie du Québec -	coverage. The Medical E • RAMQ).	mergency Abroad Prog	
Medical Emergency Abroad If you are insured by plan A, B, or C, you and your dependents are covered by the l to an individual who is not insured by a public insurance plan in Canada (for exact In case of medical emergency or automobile accident outside of Québec, you mu • In Canada (outside Québec) or in the United States: 1 800 461-8686 • Elsewhere in the world (collect calls): 514 341-7155 The telephone numbers are also indicated on the back of your MÉDIC Construct Exclusions	Medical Emergency Abroad Program. Plan D mple, the plan of the Régie de l'assurance m ust contact MÉDIC Construction before incur ion card. After contacting us with regard to a	does not offer this o aladie du Québec - ring costs. The telo	coverage. The Medical E · RAMQ). phone numbers to call	mergency Abroad Prog are the following:	gram does not a
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MÉDIC Construction does not reimburse medical expenses incurred in a location (for example, a country, a region or a cruise ship) for which the Government of Canada has issued "Avoid all travel" or "Avoid non-essential travel" advisories on its website before the insured person's departure, unless MÉDIC Construction has authorized the trip before the departure.

Expenses incurred by an insured person already travelling at the time when the Government of Canada issues an advisory regarding his or her destination are also excluded unless the person demonstrates that he or she made every reasonable effort to return to Québec as quickly as possible and that these expenses were approved beforehand by MÉDIC Construction or its agent.

(Every eligible expense is reimbursed according to percentage indicated and is subject to a maximum amount.)

Items	Fees	% of Reimbursement	Maximum Reimbursement*
Medical reports requested by the CCQ	\$30 per report	90%	\$27 per report
Dental care following an accident (to sound and natural teeth)	Eligible expenses*	90%	Certain conditions apply
Plastic surgery following an accident	Eligible expenses*	90%	Certain conditions apply
Prescribed medical supplies covered by the plan (Crutches, orthopedic shoes, orthoses, CPAP, etc.) Deductible for orthopedic shoes: Employee and spouse: \$150 per pair Dependent child: \$100 per pair Podiatric orthotic: Maximum of \$350 per pair Employee and spouse: 2 pairs per 36-month period Dependent child: 1 pair per 12-month period	Eligible expenses*	90%	Certain conditions apply
Transportation by ambulance to the closest hospital (prescribed or in case of emergency) The form « Déclaration de transport des usagés » must be submitted	Eligible expenses*	90%	Certain conditions apply

Special conditions, limitations, and exclusions

An insurance claim must be made within one year after the event concerned; if made after this time, the claim will be rejected. The present document has been produced and is distributed solely for information purposes. Only the *Règlement sur les régimes complémentaires d'avantages sociaux dans* l'industrie de la construction [chap. R-20, r. 10] published by the Éditeur officiel du Québec has official and legal force. Therefore, it takes precedence over the information contained in the present document. The regulation can be accessed on the CCQ's website, under the MÉDIC Construction tab.