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To help you choose the plan that best meets your needs, compare the coverages in the table below for each of the plans indicated on your notice of insurability.

IMPORTANT: IN ORDER TO PROCESS YOUR FILE QUICKLY, IT IS RECOMMENDED TO USE THE ONLINE SERVICES AND THE DIRECT PAYMENT.

	R	1 R	2 R3
Life insurance			
Death benefits			
of retiree with dependents	\$12,	500 \$7,5	500 \$5,000
of retiree without dependent	\$12,	500 \$7,5	500 \$5,000
of spouse	\$7,5	500 \$5,0	000 \$5,000
of dependent child	\$7,5	500 \$5,0	000 \$5,000

Health insurance (retiree and dependents)

Hospitalization (expenses for a room)	maximum payable	\$75 / day	\$75 / day	not covered
Authorized medication	deductible per insurance period	none	\$25 / family	\$50 / family
(mandatory generic substitution/biosimilar) ¹	reimbursement	85%	70%	70%
up to 100% reimbu	rsement upon reaching the annual maximum of	\$850 / family	\$850 / family	\$850 / family
Eye care				
Examination				
retiree	maximum reimbursement per 24 months	\$70	\$70	
spouse	maximum reimbursement per 24 months	\$70	\$70	
dependent child	maximum reimbursement per 12 months	\$70	\$70	
Corrective glasses and lenses				
retiree	maximum reimbursement per 24 months	\$300	\$200	
spouse	maximum reimbursement per 24 months	\$300	\$150	
dependent child	maximum reimbursement per 24 months	\$300	\$100	
Safety glasses (with prescription)				
retiree	maximum reimbursement per 12 months	\$250	\$250	
Paramedical services				
The amount indicated is the maximum reimburser	nent you can get.			
chiropractor	per visit	\$30	\$27	
x-rays-chiropractor	per person per period	\$28	\$28	
physiotherapist	per visit	\$30	\$24	
acupuncturist	per visit	\$30	\$24	
audiologist	per visit	\$50	\$40	
psychologist, speech therapist	per visit	\$50	\$40	
podiatrist	per visit	\$50	\$40	
social worker, psychotherapist	per visit	\$50	\$40	Q:
alternative medicine				NOT COVERED
maximum 10 visits per person per period for all 6 pro	fessionals			N. O.
naturopath	per visit	\$30	\$24	S
osteopath	per visit	\$30	\$24	TC
massage therapist, kinesitherapist, kinotherapis	t, orthotherapist			ž
(medical referral required)	per visit	\$30	\$24	
Overall maximum for paramedical services	retiree	\$740	\$200	
(per insurance period)	for each dependent	\$740	\$200	
Laboratory fees, medical imaging	reimbursement	90%	90%	
	mum reimbursement per person per 12 months	\$337.50	\$337.50	
For some other fees (ambulance, prostheses, crutch				
Limitations and deductibles may apply.	reimbursement	90%	90%	
Construire en santé Program - includes the followin	g health services:			
Treatment of drug and alcohol abuse	reimbursement	80%	80%	
and compulsive gambling	lifetime maximum per person	\$2,500	\$2,500	
Treatment of major depression	reimbursement	80%	80%	
and for violent behaviour	lifetime maximum per person	\$2,500	\$2,500	
Assistance to workers and their families	reimbursement	100%	100%	
	mber of hours of consultation per calendar year	8 / family	8 / family	
Smoking cessation		yes	yes	
Documentation/free and personalized telephone	·		_	
Laser treatment (retiree and spouse)	reimbursement	50%	50%	
(prior authorization required)	lifetime maximum per person	\$300	\$300	
Personalized telephone follow-up with a nurse		yes	yes	
concerning chronic illnesses and advice on sound	-		_	
Medical emergency abroad (certain limitations and	conditions apply)	max 100%	max 100%	max 100%

The expenditures must be made by a person insured under a public health insurance plan in Canada, such as the Régie de l'assurance maladie du Québec. Consult the pamphlet The Medical Emergency Abroad Program for more information on the conditions applicable for the reimbursement of these fees.

Dental care insurance - 2024 fee schedule (retiree, spouse and dependent child under the age of 21)

Deductible per family per insurance period		none	\$50	
Diagnosis, prevention, minor treatment	reimbursement	90%	60%	
maximum reimbursement per person per insurance period		\$600	\$600	ERED
Periodontics and endodontics	reimbursement	80%	60%	<u> </u>
Major restoration work (dentures*, crowns*, etc.)	reimbursement	70%	60%	0
Maximum reimbursement for these cares combined	retiree and spouse	\$1,000	\$600	ည
per person per insurance period	dependent child	\$1,300	\$600	TON
Orthodontic treatment (dependent child only)	reimbursement	60%	not covered	_
	lifetime maximum per child	\$2,000	not covered	

^{*}For example, the replacement of a denture or a crown is reimbursed once every 5 years.